

Family Driving Agreement



Between _____ (driver) and _____ (parent/guardian) Date: _____

1 The non-negotiables These don't change, regardless of circumstances.

- ☐ Every decision behind the wheel is made with safety first — ahead of being on time, keeping up with traffic, or what anyone else in the car wants.
- ☐ Everyone wears a seat belt before the car moves — driver and every passenger.
- ☐ No phone use while the car is moving. Not at red lights.
- ☐ Never drive after drinking or using any substance, including prescription medication that affects alertness.
- ☐ Never ride with a driver who has been drinking or using substances.
- ☐ Obey speed limits, traffic laws, and GDL requirements.

THE CALL HOME

If I am ever unsafe to drive, or unsafe as a passenger, I call my parent. Any time of day or night. No consequences for the call.

2 Teen Seven skills, seven commitments.

- ☐ **Speed Management.** I'll drive at or under the limit, and slower when conditions call for it — regardless of what traffic around me is doing.
- ☐ **Hazard Awareness.** I'll keep my eyes moving, check mirrors and blind spots without being reminded, and slow down when my view is blocked.
- ☐ **Distraction Control.** My phone goes away before I start. Music and navigation are set before the car moves.
- ☐ **Space Management.** I'll keep at least three seconds between me and the car ahead — more in rain, at night, or behind a large vehicle.
- ☐ **Independent Decision-Making.** If a gap looks too small, I'll wait for the next one. I'd rather be late than forced.
- ☐ **Situational Adaptability.** When conditions change — weather, traffic, construction, dark — I'll slow down and give myself more room before it becomes a problem.
- ☐ **Emotional Regulation.** If another driver makes me angry, I won't answer with the car. If I'm too upset or too tired to drive well, I'll pull over.

3 Parent/Guardian As the parent, I agree to:

- ☐ Follow the same rules I'm asking you to follow — phone, seat belt, speed.
- ☐ Give feedback after drives, not during them, unless it's urgent.
- ☐ Be specific about what to work on rather than saying "be careful."
- ☐ Take the call home seriously, every time.
- ☐ Expand your independence as your skills grow, and tell you what I'm looking for.

Driver: _____ Date: _____

Parent/guardian: _____ Date: _____